

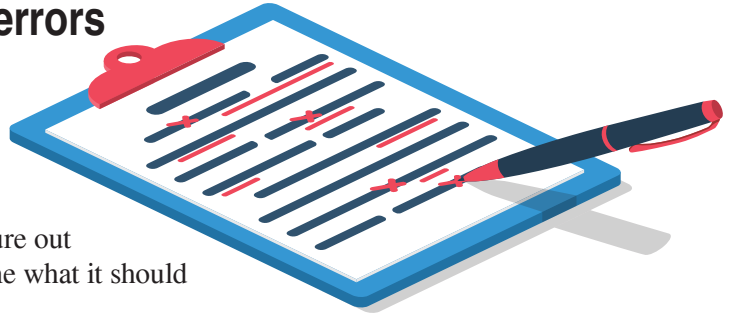


WELLNESS ACTIVITY

Opioid information: Find the errors

Opioids are a class of drugs that can be used for pain management. While they provide much-needed relief when used as prescribed, they have a high risk for abuse.

The statements below all relate to opioids. However, one statement in each group contains errors. See if you can figure out which one is wrong. For an extra challenge, try to determine what it should say instead.



Group 1

- 1 in 4 people receiving long-term opioid therapy struggles with opioid addiction.
- Opioid addiction cannot be effectively treated.
- When they're misused, opioid pain relievers can lead to overdose incidents and death.

Group 3

- Natural opiates occur in plants such as maple and ash trees.
- Semi-synthetic opioids, such as heroin, are created in a lab from natural opiates.
- Some opioids, such as fentanyl and methadone, are completely synthetic.

Group 2

- There are no non-opioid pain relievers.
- Physical therapy and exercise can help manage chronic pain.
- A person with a prescription for opioids should never take opioids in greater amounts or more often than prescribed.

Group 4

Which one doesn't belong? Opioids include:

- Oxycodone
- Hydrocodone
- Morphine
- Ibuprofen

Answers:

- b is wrong.** There are effective treatments for opioid use disorder.
- a is wrong.** There are non-opioid pain relievers. They include acetaminophen, ibuprofen, and naproxen.
- a is wrong.** Natural opiates occur in plants such as the opium poppy, not in trees.
- d does not belong.** Ibuprofen is not an opioid. It is a non-opioid pain reliever. ♦

